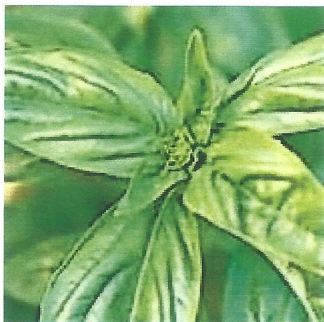


Companion Planting with Herbs & Flowers in the Vegetable Garden – Veggie 101

Companion planting creates diversity & minimizes pest problems.

Herbs enhance & protect vegetables by repelling some insects, confusing others & attracting beneficial insects.

Basil planted with tomatoes improves flavor & growth & helps the plants overcome disease & insects & repels flies & mosquitoes.



Garlic repels aphids & is good grown with most vegetables; keep away from peas & beans. **Borage** helps deter tomato worms & provides plants with organic potassium, calcium & other minerals. The honeybees love the borage flowers & they are edible.

Marigolds, Calendula & Chamomile attract hoverflies, tiny parasitic wasps & other beneficial insects, whose larva also feed on aphids & other sucking insects. Marigolds discourage Mexican bean beetles & Colorado potato beetles when inter-planted with bush beans & potatoes.



Marigolds produce a root secretion that destroys root eating nematodes. At the end of the season, turn marigold plants back into the soil. **Calendula** petals are also edible. **Chamomile** is good near any plant in your garden.

Catnip & other mints attract bees & parasitic wasps as well as deter cabbageworms by repelling the egg-laying white butterflies. They also repel ants & when steeped in water & sprayed, will repel flea beetles. **Mints**, including **Bee Balm**, good with tomatoes.



Dill & Sage are also beneficial to the cabbage family & attract bees & other beneficial insects to their tiny flowers.

Lettuce & Spinach grow well with carrots, onions, peas, beans, strawberries & the cabbage family. Keep away from potatoes.

Peas are good companions with most veggies & herbs, calendula, cosmos, dill & rosemary. Keep away from the onion family & glads.

Carrots good companions are onions, beets & herbs cilantro, calendula, chamomile & chives. Rosemary & sage repel the carrot fly.

Cucumbers do well planted near bush beans, cabbage family, corn, eggplant, sunflowers, tomatoes, nasturtiums, marigolds & radishes. Keep away from potatoes.

Beans grow well with potatoes, marigolds & strawberries. Keep away from the onion family.

Tomatoes grow well with asparagus, onion family, parsley, bee balm (mint family), borage & basil. Keep away from corn & potatoes.

Sweet Peppers grow well with tomatoes, eggplant, basil, cilantro, marigolds & cosmos.

Squash/Zucchini grow well with radishes, basil, nasturtiums & marigolds; sweet alyssum & thyme for lots of beneficial insects.